



INDIVIDUAL BOXED LUNCH MENU

Wraps (\$10 per Wrap)

Includes individual bag of Cape Cod potato Chips

Grilled Chicken Wrap (Dairy Free) - Baked chicken breast, house made hummus, kale, quinoa, red onion, and honey mustard dressing.

*Vegetarian option available

Sweet Potato Wrap (Vegetarian) - Roasted sweet potato, goat cheese, roasted chickpeas, and salad greens with light balsamic dressing.

Turkey Pesto Wrap (Dairy-free) - Antibiotic and hormone-free turkey breast, lettuce, tomato, and pesto-mayo.

Chicken Caesar Kale (Contains dairy) - Baked chicken breast, kale, Parmesan cheese and Caesar dressing. *Vegetarian option available.

Salads (\$10 per Salad)

Individual packaged cutlery included. Served with Udi's gluten-free French roll and bag of Cape Cod chips.

Kale Salad and Chicken - Baked chicken breast atop our signature kale salad with, cinnamon-roasted butternut squash, quinoa, red onion, and honey mustard dressing. *Vegetarian option available.

Roasted Sweet Potato - Oven roasted sweet potato and chickpeas, goat cheese, and salad greens with house balsamic dressing.

Kale Chicken Caesar (Contains Dairy) - Baked chicken breast, kale, Parmesan cheese and Caesar dressing. *Vegetarian option available.

Classis Garden with Chicken - Salad greens with cucumber, red onion, carrots, and tomato with house balsamic dressing. *Vegetarian option available.



Rice Bowls and Plates (\$10 per bowl)

Individual packaged cutlery included. All rice bowls come with rice and fried sweet plantains.

Red Bean Stew Rice Bowl - Red kidney beans, onions, peppers, sweet potato, curry and coconut milk.

Jerk Chicken Rice Bowl - Grilled chicken in our house-made spicy Jamaican jerk sauce using local habanero peppers and scallions (spicy).

Chipotle Chicken Rice Bowl - Grilled chicken with our house chipotle marinade: A blend of chipotle peppers, onions and garlic (mild).

Cuban Beef Rice Bowl - Picadillo ground beef with onions, peppers, green olives, and spices.

Pesto Chicken Plate - Baked chicken breast with rice and seasonal roasted vegetables.

Rasta Pasta with Chicken Plate - Penne pasta with house white sauce and summer bell peppers topped with baked chicken breast.

Side Salads, Add-Ons and Desserts

Side Kale Salad - \$3.50

Side Garden Salad - \$2.50

Side Kale Caesar Salad - \$3.50

Cape Cod Chips - \$1.25

Food Should Taste Good - Sweet Potato Tortilla Chips \$1.50

Water - \$1.25

Spindrift Seltzer Water - \$2.50

Maine Root Ginger Beer - \$2.50

Lemon or Peach Ice Tea - \$2.50

2-Pack of Top Shelf Cookies - \$3.00

Clarke's Vegan Chocolate Chip Cookie - 2.50