



Fresh Food Generation Catering Menu

Thank you for your interest in our services! The 7% sales tax and delivery fee are not included in the pricing. Paper goods are available for a 2.5% fee. All orders come with serving utensils.

Visit our website to see our new FAQ.

Popular! Catering Packages

Empanada Party (\$200)

For 20 Persons, (\$10/ person)

Served Family Style in Tin Trays

Package includes 2 empanadas per person (40 total), 2 Garden Salad Bowls.

Helpful Note: This is great option for a lunch or a quick evening meal. Two Empanadas are the serving size of a standard wrap. If you need a few more empanadas, we are happy to add it to the package.

Add Chips and Salsa \$30

Add Chimmi-Churri or Salsa Fresca \$6

Let's Eat Together (\$150)

For 15 People, (\$10/person)

Served Family Style in Trays

Package includes one tray of the following items: 1 Chipotle Chicken, 1 Red Bean Stew, 1 Brown Rice, and 1 Garden Salad

Helpful Note: This meal is great for large and small groups with various dietary needs including vegan, gluten free, and omnivores.

Let's Meet and Talk (\$144)

For 12 People, (\$12/person)

Served Family Style in Trays

Package includes one large wrap platter (12 wraps) and one garden salad. Great for formal meetings.

Salmon Dinner for 10 (\$160.00)

Minimum 10 people (\$16/person)

Served Family Style in Trays

Wild caught Atlantic salmon with brown rice and your choice of balsamic cauliflower or Roasted Brussels sprouts.

Appetizer Platters (Sm. \$40, Lg. \$80)

Small - 12-inch platter designed to serve 12

Large - 16 inch platter designed to serve 25

Crudit  Platter (GF, Vegan)

Fresh vegetables and house made hummus

Roasted Vegetable Platter (GF, Vegan)

Seasonal vegetables roasted with salt and pepper

Fruit Bowl (GF, Vegan) (Sm. \$30/ Lg. \$60)

Great for a casual lunch or dinner. Ask about our special event fruit platter (large) for \$75.

Cheese Platter (sm. \$60/lg. \$120)

Assortment of cheeses, crackers, and fruit.

Wrap Platters (Sm. \$58 /Lg. \$115)

Small Platter - 6 wraps cut into 3rds. Up to two types of wraps.

Large Platter - 12 wraps cut into 3rds. Up to four types of wraps.

Grilled Chicken Wrap (Dairy Free)

Grilled chicken, house made hummus, kale, quinoa, red onion, and honey mustard dressing.

**Vegetarian option available **

Sweet Potato Wrap (Vegetarian)

Roasted sweet potato, goat cheese, chickpeas, and salad greens with light balsamic dressing

Turkey Pesto Wrap (Dairy-free)

Antibiotic and hormone-free turkey breast, lettuce, tomato, and pesto-mayo.

Chicken Caesar Kale (Contains dairy)

*Grilled Chicken, Kale, Parmesan and Caesar Dressing. *Vegetarian option available**

Large Assorted Wrap Platter

An assortment of our wraps to meet the dietary needs and preferences of your group

Boxed Lunches (\$13.50/person)

Includes bottled water and bag of chips.

Swap water for assorted beverages for an additional \$1.50 per person

Salad Lunch Box (Great gluten free option!)
Any wrap option made into a personal salad.

Wrap Lunch Box

- Chicken Caesar & Kale Wrap
- Turkey Pesto
- Grilled Chicken Wrap
- Sweet Potato Wrap

Main Dishes (\$45.00 - 60.00)

Each tray serves 10-12 people

Chipotle Chicken (\$50.00) (GF, dairy free)
Hormone and antibiotic free chicken with our house chipotle marinade: A blend of chipotle peppers, onions and garlic (mild and flavorful)

Jerk Chicken (\$50.00) (GF, dairy free)
Hormone and antibiotic free grilled chicken in our house-made spicy Jamaican jerk sauce using local habanero peppers and scallions (spicy)

Slow Roasted Pork Shoulder (\$60.00) (GF, Dairy Free)
Family farm raised, organic pork shoulder, apple-wood smoked with house rub. Dairy Free

The Red Bean Plate (\$45.00) (GF, Vegan)
Maine kidney beans, onions, peppers, sweet potato, curry and coconut milk

Salads (\$40.00)

Serves 10-12 people

Classic Garden (GF, Vegan)
Seasonal garden salad with balsamic vinaigrette

Mixed Kale (GF, Vegetarian)
Kale, cinnamon-roasted butternut squash, quinoa, red onion and honey-mustard dressing

Winter Spinach (GF, Vegan)
Roasted Brussels sprouts, dried cranberries, roasted butternut squash and red onion with balsamic vinaigrette

Beet and Goat Cheese (GF, Contains Dairy)
Roasted beets, salad mix, goat cheese, tossed with balsamic vinaigrette dressing

Kale Caesar (GF, Contains Dairy)
Roasted Brussels sprouts, kale, shaved Parmesan cheese, with light Caesar dressing

Side Dishes (\$40.00)

Each tray serves 10-12 people

Balsamic Cauliflower (GF, Vegan)
Roasted red peppers and cauliflower in a balsamic glaze.

Curry Vegetables (GF, Vegan)
Curried cabbage, red peppers, carrots, cauliflower, ginger, and garlic with coconut milk.

Herbed Potatoes (GF, Vegan)
Cubed and roasted potatoes with a house-made sunflower seed-parsley pesto.

James' Collard Greens (GF, Vegan)
Smokey, delicious collards cooked with onions, peppers, and carrots.

Roasted Brussels Sprouts (GF, Vegan)

Brown Rice (\$25.00) (GF, Vegan)

Baked Empanadas (\$4/empanada)

Two empanadas typically replace a sandwich.
Minimum order of 20.

Cuban Beef Empanada
Local ground beef, green olives, peppers, onions, and tomatoes

Chipotle Chicken Empanada
Ground chicken, onions, peppers, and house chipotle marinade

Vegetable Empanada (Vegan)
Local curried vegetables with red beans, peppers, onions, and coconut milk

Snack Time!

88 Acres Granola Bars (\$2/bar)

Crafted with simple ingredients & free of top allergens. Apple Ginger, Chocolate Sea Salt, and Triple Berry – Boxes contain 9 granola bars.

Chips and Salsa (\$30.00)

House made salsa fresca with tortilla chips. Serves 20.

Beverages

Assorted Beverages (\$2.50 each)

An assortment of Spindrift seltzer waters, iced tea, and ginger beer. No water included.

Bottled Water (\$1.00 each)

Equal Exchange Ice Coffee (\$36.00)

*Serves 10-12 people (8 oz cups)
Smooth and tasty ice coffee. Comes with cups, creamers, sugar, and stirrers. Serves 12.*

Something Sweet

Top Shelf Cookies (\$30.00)

An assortment of 20 handcrafted artisanal and seasonal cookies – serves 10- 15 people

Small Mixed Dessert Platter (\$50.00)

An assortment of Top Shelf Cookies, Brownies from Third Cliff Bakery, and fruit. Serves 20

Large Mixed Dessert Platter (\$100.00)

An assortment of Top Shelf Cookies, Brownies from Third Cliff Bakery, and fruit. Serves 40

Small Vegan Dessert Platter (\$65.00)

An assortment of Chocolate Chip Cookies, Brownies and Banana Bread from Clarke's Cakes and Cookies. Serves 20

Large Vegan Dessert Platter (\$120.00)

An assortment of Chocolate Chip Cookies, Brownies and Banana Bread from Clarke's Cakes and Cookies. Serves 40

Add-On Sauces (\$6.00)

Chimichurri

Argentinian sauce with cilantro, parsley, oregano, olive oil, red wine vinegar and paprika

Salsa Fresca

House-made salsa with fresh vegetables, lime juice, and jalapenos.
